



Toast & Cereal and Potpart & Yogurt are offered with Juice, Milk and Fruit daily. Menu items subject to change. **EQUAL OPPORTUNITY EMPLOYOR**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

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23  
Grab & Go

24  
Grab & Go

27  
Sausage, Egg, Cheese Link w/ WG Toast

28  
WG French Toast

29  
WG Donut

30  
WG Sausage on a Stick

31  
Grab & Go