

August 2018

Logan-Magnolia School

LUNCH



Menu items subject to change. Milk is offered daily with Lunch. 7th-12th grade offered Salad Bar daily unless noted on the menu. **EQUAL OPPORTUNITY EMPLOYER**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday



Sack Lunch K-12
Hot Dog on WG Bun, Cheese Stick,
Carrots w/Ranch Cup, Baked Chips,
Fruit
NO SALAD BAR

Burrito, Hummus w/Chips &
Salsa, Corn, Fruit
NO SALAD BAR

WG Mac & Cheese, Ham
Slice, Sweet Potato Biscuit, Green
Beans, Fruit

Sub-sandwich w/fixings,
Baked Chips, Fresh Veggies w/
Ranch cup, Fruit, WG Cookie
NO SALAD BAR

Pork Patty w/Mashed Potato
& Gravy, Broccoli, Fruit, WG Roll

Sloppy Joe on WG Bun,
Baked Beans, Pasta Salad, Fruit

Chicken Nuggets w/BBQ,
Tri Tator, Peas, Fruit