

January 2018

Logan-Magnolia School

BREAKFAST



Toast & Cereal and Poptart & Yogurt are offered with Juice, Milk and Fruit daily. Menu items subject to change. **EQUAL OPPORTUNITY EMPLOYER.**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

1

NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

4

Sausage, Egg, Cheese Link
w/WG Toast

5

Grab & Go

8

WG French Toast

9

WG Sausage on a Stick

10

WG Pizza

11

WG Pancakes

12

Grab & Go

15

NO SCHOOL

16

WG Breakfast Wrap

17

WG Biscuit & Gravy

18

WG Muffin

19

Grab & Go

22

WG Waffles

23

WG Bagel

24

WG Donut

25

Breakfast Bake w/WG Toast

26

Grab & Go

29

Sausage Link, Omelet w/WG
Toast

30

WG French Toast

31

WG Pizza

