

January 2018

Logan-Magnolia School



Menu items subject to change. Milk is offered daily with Lunch. 7th-12th grade offered Salad Bar daily unless noted on the menu.
EQUAL OPPORTUNITY EMPLOYER



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

1
NO SCHOOL

2
NO SCHOOL

3
NO SCHOOL

4
 Salisbury Steak w/Mashed Potatoes & Gravy, Peas, Fruit, Low Fat Chocolate Cake

5
 Crispito, Chips w/Black Bean Salsa, Carrots, Fruit

8
 Weiner Wink on WG Bread, Roundettes, Green Beans, Fruit, WG Cookie

9
 Chicken Alfredo, Lettuce/Romaine, Fruit, WG Bread Stick

10
 BBQ Pork on WG Bun, Baked Beans, Pasta Salad, Fruit

11
 Cheesy Pepperoni, Potato Wedges, Peas, Fruit

12
 Chicken Tenders w/BBQ, Tri Tator, Carrots, Fruit

15
NO SCHOOL

16
 Goulash, Lettuce/Romaine, Fruit, Corn Bread

17
 Burrito, Hummus w/Chips & Salsa, Green Beans, Fruit

18
 Chili Chip w/Fixings, Corn, Fruit, WG Cinnamon Roll
NO SALAD BAR

19
 Egg Patty, Pancake/Sausage Bite, Tri Tator, WG Muffin, Fruit

22
 K-6 Pizza Dippers
 7-12 Baked Potato Bar, Peas, Fruit

23
 WG Mac & Cheese, Ham Slice, Sweet Potato Biscuit, Green Beans, Fruit, Sherbet Cup

24
 Sub Sandwich w/Fixings, Baked Chips, Fresh Veggies w/Ranch Cup, Fruit, WG Cookie
NO SALAD BAR

25
 Sloppy Joe on WG Bun, Baked Beans, Pasta Salad, Fruit

26
 Corn Dog, Hashbrown, Corn, Fruit

29
 Pork Patty w/Mashed Potatoes & Gravy, Broccoli, Fruit, WG Roll

30
 Taco on WG Wrap w Fixings, Refried Beans, Peas, Fruit, WG Cinnamon Bread Stick
NO SALAD BAR

31
 Chicken Patty w/WG Bun, Hashbrown, Carrots, Fruit

