

# May 2018

## Logan-Magnolia School

### BREAKFAST



Toast & Cereal and Poptart and Yogurt are offered daily with Juice, Milk and Fruit. Menu items subject to change. **EQUAL OPPORTUNITY EMPLOYER.**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



1

WG Muffin

2

WG Biscuit & Gravy

3

WG Waffles

4

Grab & Go

7

WG Bagel

8

WG Sausage, Egg, Cheese Bar w/  
WG Toast

9

WG Donut

10

WG French Toast

11

Grab & Go

14

WG Sausage on a Stick

15

WG Pancakes

16

WG Pizza

17

WG Breakfast Wrap

18

Grab & Go

21

Grab & Go

22

Grab & Go

23

Grab & Go (Elementary Only)

24

LAST DAY OF SCHOOL

25

28

29

30

31

