



Menu items subject to change. Milk is offered daily with Lunch. 7th-12th offered Salad Bar daily unless noted on the menu. **EQUAL OPPORTUNITY EMPLOYER**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Cheesy Pepperoni, Potato Wedges, Carrots, Fruit

1

Tuesday

Egg Patty, Pancake Sausage Bite, Tri Tator, Fruit, Muffin

2

Wednesday

Chili Chip w/fixings, Corn, Fruit, WG Cinnamon Roll

3

No Salad Bar

Thursday

Pizza Dippers, Smiles, Broccoli, Fruit

4

Friday

Burrito, Hummus w/chips & Salsa, Green Beans, Fruit

5

WG Mac & Cheese, Ham Patty, Peas, Fruit, Sweet Potato Biscuits

8

Sub-sandwich w/fixings, Baked Chips, Fresh Veggies w/ RC Ranch Cup, Fruit, WG Cookie

9

No Salad Bar

Chicken Patty w/WG Bun, Hashbrown, Corn, Fruit

10

Pork Patty w/Mashed Potatoes & Gravy, Broccoli, Fruit, WG Roll

11

Chicken Nuggets w/BBQ, Tri Tator, Green Beans, Fruit

12

Sloppy Joe on WG Bun, Baked Beans, Pasta Salad, Fruit

15

Taco on WG Wrap w/fixings, Refried Beans, Corn, Fruit, WG Cinnamon Bread Stick

16

No Salad Bar

Chicken & Noodles, Mashed Potatoes, Broccoli & Cauliflower, Fruit, WG Roll

17

Mr. Rib on WG Bun, Tri Tator, Green Beans, Fruit

18

Garlic Cheese Bread, Hashbrown, Carrots, Fruit

19

Loaded Nachos w/Chips & Fixings, Refried Beans, Lettuce/Romaine, Fruit, WG Apple Crisp

22

Hot Ham & Cheese on WG Bun, Potato Wedges, Peas, Fruit

23

No Salad Bar

Teriyaki Chicken Breast, Au gratin Potatoes, Green Beans, Fruit, Garlic Cheddar Biscuit

24

Meatball Sub Sandwich on WG Bun, Tri Tator, Corn, Fruit

25

Corn Dog, Smiles, Carrots, Fruit

26

Sausage Pizza on WG Crust, Lettuce/Romaine, Fruit

29

Hamburger on WG Bun, Potato Wedges, Peas, Fruit

30

Mummy in a Blanket, Ghost Coins, Grasshopper Legs, Goblin Eyeballs, Monster Cookie

31

