

August 2019

Logan-Magnolia School

LUNCH



Menu items subject to change. Milk is offered daily with Lunch. 7th-12 offered Salad Bar daily unless noted on the menu. **EQUAL OPPORTUNITY EMPLOYER**



Nutrition Tip: August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

Monday



Tuesday



Wednesday

Thursday

Friday



23 Sack Lunch K-12
Hot Dog on WG Bun, Cheese stick, Carrots w/Ranch Cup, Baked Chips, Fruit
NO SALAD BAR

26 WG Mac & Cheese, Ham Slice, Sweet Potato Biscuit, Green Beans, Fruit

27 Sub-sandwich w/fixings, Baked Chips, Fresh Veggies w/ Ranch Cup, Fruit, WG Cookie
NO SALAD BAR

28 Pork Patty w/Mashed Potatoes & Gravy, Broccoli, Fruit, WG Roll

29 Sloppy Joe on WG Bun, Baked Beans, Pasta Salad, Fruit

30 Chicken Nuggets w/BBQ, Tri Tator, Peas, Fruit