



Menu items subject to change. Milk is offered daily with lunch. 7th-12th offered Salad Bar daily unless noted on the menu. **EQUAL OPPORTUNITY EMPLOYER**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



4

Pork Patty on WG Bun, Tri Tator, Broccoli, Fruit

5

Chicken Fajita on WG Wrap, Refried Beans, Corn, Fruit
NO SALAD BAR

6

Chicken & Noodles, Mashed Potatoes, Carrots, Fruit, WG Roll

7

Popcorn Chicken, Tri Tator, Green Beans, Fruit

8

Breaded Cheese Sticks, Smiles, Peas, Fruit

11

Hot Ham & Cheese on WG Bun, Potato Wedges, Corn, Fruit

12

Corn Dog, Smiles, Carrots, Fruit

13

NO SCHOOL

14

NO SCHOOL

15

NO SCHOOL

18

Teriyaki Chicken Breast, Au gratin Potatoes, Green Beans, Fruit, Garlic Cheddar Biscuit

19

Meatball Sub Sandwich on WG Bun, Tri Tator, Corn, Fruit

20

Hamburger on WG Bun, Potato Wedges, Carrots, Fruit

21

Hot Dog on WG Bun, WG Chips, Cheese Stick, Carrots w/Ranch Cup, Fruit

22

Chicken Nuggets, Tri Tator, Peas, Fruit, Rice Krispie Treat

25

WG Sausage Pizza on WG Crust, Lettuce/Romaine, Fruit
WG Cookie

26

Weiner Wink on WG Bread, Roundettes, Green Beans, Fruit

27

Salisbury Steak w/Mashed Potatoes & Gravy, Peas, WG Bun, Fruit

28

Chicken Alfredo, Carrots, WG Bread Stick, Fruit

