



Menu items subject to change. Milk is offered daily with lunch. 7th-12th graded offered Salad Bar daily unless noted on the menu. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Nutrition Tip: March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

References: Academy of Nutrition & Dietetics

Monday

2

Weiner Wink, Roundettes, Green Beans, Fruit, WG Cookie

9

Sub Sandwich w/Fixings, Fresh Veggies w/RC Ranch Cup, Chips, Fruit, WG Cookie.
NO SALAD BAR

16

WG Mac & Cheese, Ham Patty, Broccoli/Cauliflower, Fruit, Sweet Potato Biscuit

23

Chicken & Noodles, Mashed Potatoes, Carrots, Fruit, WG Roll

30

Meatball Sub Sandwich on WG Bun, Tri Tator, Brussel Sprouts, Fruit

Tuesday

3

Chili Chip w/Fixings, Corn, Fruit, WG Cinnamon Roll

NO SALAD BAR

10

Chicken Patty w/WG Bun, Hashbrown, Corn, Fruit

17

Pork Patty on WG Bun, Tri Tator, Carrots, Fruit

24

Loaded Nachos w/Chips & Fixings, Refried Beans, Lettuce/Romaine, Fruit

31

Corn Dog, Hashbrown, Carrots, Fruit

Wednesday

4

BBQ Pork, Baked Beans, Pasta Salad, Fruit

11

Sloppy Joe on WG Bun, Tri Tator, Coleslaw, Fruit

18

Chicken Fajita w/Fixings, Refried Beans, Corn, Fruit, WG Cinnamon Bread Stick.
NO SALAD BAR

25

Hot Ham & Cheese on WG Bun, Potato Wedges, Corn, Fruit

Thursday

5

Popcorn Chicken, Tri Tator, Peas, Fruit

12

Burrito, Hummus w/Chips, Peas, Fruit

19

Mr. Rib on WG Bun, Hashbrown, Green Beans, Fruit

26

Teriyaki Chicken Breast, AuGratin Potatoes, Peas, Fruit, Garlic Cheddar Biscuit

Friday

6

Pizza Dippers, Smiles, Broccoli, Fruit

13

Three Cheese Calzone, Smiles, Green Beans, Fruit

20

NO SCHOOL

27

Garlic Cheese Bread, Roundettes, Green Beans, Fruit

