

# JANUARY 2022

# LOGAN-MAGNOLIA SCHOOLS

## LUNCH



Menu items subject to change. Milk is offered daily with Lunch. 7<sup>th</sup>-12<sup>th</sup> graded offered Salad Bar daily. **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**



**Nutrition Tip:** Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

NO SCHOOL

3

NO SCHOOL

4

Weiner Wink on WG Bun, Roundettes, Green Beans, Fruit

5

Goulash, Corn, Fruit  
WG Bread Stick

6

Chicken Tenders w/ BBQ, Smiles, Carrots, Fruit

7

Cheesy Pepperoni on WG Bun, Potato Wedges, Broc/Caul, Fruit

10

Egg Patty, Pancake Sausage Bites, Tri Tator, Fruit, WG Muffin

11

Chili Chip w/Fixings, Corn, Fruit, WG Cinnamon Roll

12

Fiestada, Smiles, Mixed Veggies, Fruit

13

Hot Dog on WG Bun, Hashbrown, Carrots, Fruit

14

NO SCHOOL  
MARTIN LUTHER KING DAY

17

Quesadilla, Hashbrown, Corn, Fruit

18

Burrito, Black Bean Salsa w/chips, Peas, Fruit

19

WG Mac & Cheese, Ham Patty, Green Beans, Fruit, Sweet Potato Biscuit

20

Chicken Nuggets w/BBQ, Hashbrown, Broc/Caul, Fruit

21

Pork Patty w/Mashed Potatoes & Gravy, Peas, Fruit, WG Roll

24

Taco on WG Wrap w/Fixings, Refried Beans, Corn, Fruit, WG Cinnamon Bread Stick  
NO SALAD BAR

25

Sub-Sandwich w/fixings, Baked Chips, Fresh Veggies, Fruit, WG Cookie  
NO SALAD BAR

26

Chicken Patty w/ WG Bun, Hashbrown, Lettuce/Romaine, Fruit

27

Mr. Rib on WG Bun, Hashbrown, Green Beans, Fruit

28

Chicken Noodles, Mashed Potatoes, Peas, Fruit, WG Roll

31

