



Menu items subject to change. Milk is offered daily with Lunch. 7th-12th grade offered Salad Bar daily unless noted on the menu. **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

1
Rotini w/WG Egg Noodles, Corn, Fruit, WG Breadstick

2
Loaded Nachos w/Chips, Refried Beans, Lettuce/Romaine, Fruit
NO SALAD BAR

3
Cheesy Pepperoni, Potato Wedges, Peas, Fruit

4
Egg Patty, Pancake Sausage Bites, Tri Tator, Fruit, WG Muffin

7
Hot Ham & Cheese on WG Bun, Potato Wedges, Carrots, Fruit

8
Chicken & Noodles, Mashed Potatoes, Broc/Cauliflower, WG Roll, Fruit

9
Teriyaki Chicken Breast, Au Gratin Potatoes, Peas, Fruit, Garlic Cheddar Biscuit

10
Chicken Nuggets, Hashbrown, Green Beans, Fruit

11
Veterans Day
Mr. Rib on WG Bun, Hashbrown, Mixed Veggies, Fruit

14
Hot Dog on WG Bun, Hashbrown, Carrots, Fruit Pumpkin Bar

15
Pizza Dippers, Smiles, Corn, Fruit

16
WG Fiestada, Smiles, Peas, Fruit

17
Burrito w/Chips & Hummus, Green Beans, Fruit

18
Popcorn Chicken, Tri Tator Broc/Cauliflower, Fruit

21
Sub Sandwich w/ Fixings, Baked Chips, Fresh Veggies w/RC Ranch Cup, Fruit, WG Cookie
NO SALAD BAR

22
Chicken Patty w/WG Bun, Hashbrown, Corn, Fruit
NO SALAD BAR

23
NO SCHOOL

24
NO SCHOOL

25
NO SCHOOL

28
WG Mac & Cheese, Ham Patty, Green Beans, Sweet Potato Biscuit, Fruit

29
Pork Patty w/Mashed Potatoes & Gravy, Peas, WG Roll, Fruit

30
Taco on WG Wrap w/Fixings, Refried Beans, Corn, Fruit, WG Cinnamon Roll
NO SALAD BAR

