

August 2015

Logan-Magnolia School

BREAKFAST



School Information: Equal Opportunity

Employer. Menu items subject to change.
Toast & Cereal and Cereal & Yogurt are offered
with Juice, Milk and Fruit daily



Nutrition Tip: Eat Breakfast! Several studies suggest that eating
breakfast may help children do better in school.

Reference: IFIC, Wake Up to the Benefits of Breakfast, 2009.

Monday

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Tuesday

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Wednesday

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Thursday

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Friday

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WG Toast & WG Cereal

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WG French Toast Sticks

26

WG Blueberry Muffin

27

WG Toast & WG Cereal

28

31

WG Breakfast Wrap

