

August 2015

Logan-Magnolia School

LUNCH



Menu items subject to change. Milk is offered daily with Lunch. 7th-12th grade offered Salad Bar daily unless noted on the menu.



Nutrition Tip: Cut-up fruit makes a great snack. Either cut them yourself, or buy pre-cut packages of fruit pieces like pineapples or melons. Or, try whole fresh berries or grapes.

Reference: USDA. MyPlate.gov

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

24

25
WG Mac & Cheese, Ham Slice, Sweet Potato Biscuit, Green Beans, Pears, Orange Sherbet Cup

26
Chicken Nuggets w/BBQ Tri-Tator, Peas, Applesauce

27
Pork Patty w/Mashed Potatoes & Gravy, Broccoli, Mixed Fruit, WG Roll

28
Burrito, Hummus w/Chips & Salsa, Corn, Orange

31
Sub-Sandwich w/Fixings, Baked Chips, Fresh Veggies w/RC Ranch Cup, Strawberries, WG Cookie
NO SALAD BAR

Equal Opportunity Employer.